



Annual Report

2025

FIELDSTONE COUNSELING



FIELDSTONE COUNSELING

Board of Directors

EXECUTIVE DIRECTOR	Jonathan Holmes
BOARD CHAIRPERSON	Ron Wilson
SECRETARY	Jeremy Damstra
BOARD MEMBER	Premala Tara Jones
BOARD MEMBER	Isaac Van Epps
BOARD MEMBER	Tim Walker
BOARD MEMBER	Olivia Southam
BOARD MEMBER	Sally Terrell

Fieldstone Counseling exists to engage with life’s hardships through biblically-based, Christ-centered, and clinically informed counsel. We serve individuals, couples, and families as well as providing seminars and workshops for local churches and organizations. We exist and desire to help all come to know Jesus Christ and grow in their personal faith.



From the Executive Director

Dear Friend of Fieldstone,

For those of you who have children, there is a special kind of pride when someone from outside the family comes up to you and compliments your child. Something wells up inside of you...a godly sense of pride and joy that others see your child as you see them on their best days. The Apostle John captures this joy in his final letter, "I have no greater joy than to hear that my children are walking in the truth" (3 John 4).

Something similar happens to me when I have the privilege of being out and about and various people will come up and say something to the effect of, "Thank you for Fieldstone Counseling; my counselor has helped me more than you'll ever know." When I hear that, the encouragement fills my heart with joy but also reminds me of the humble privilege it is to walk alongside others in the most tender and tough

areas of life. Words of encouragement like this fuel us for the hard days of counseling.

This was one of my favorite sessions we have had. I loved spending time after our session journaling and praying. Thank you for helping me see that broken relationships have hope because of Christ. It is foundational to him as our God. Which is why he sent his most treasured relationship to dwell with us then to die for us.

My Fieldstone counselor is helping me deal with something I've been running from since I was a kid. He's been extremely compassionate and helpful. Forever thankful for all you guys do.

One of the realities that has recently set in for me is the *why* of what we do here at Fieldstone. Why do we offer biblically-based, Christ-centered, and clinically informed counseling? Surely there are many other places which offer services similar to ours, but I hope that what we offer is more than just a system or to-do list for change. At Fieldstone our desire is to offer lasting hope for life's hardships through the person and work of Jesus Christ.

Every counseling session we do, every training and equipping event we offer, is in service to a larger goal of helping build up the global body of Christ. We take Paul's words to heart in Ephesians:

Rather, speaking the truth in love, we are to grow up in every way into him who is the head, into Christ, from whom the whole body, joined and held together by every joint with which it is equipped, when each part is working properly, makes the body grow so that it builds itself up in love. (4:15-16)

That is our goal and hope. The family of God strengthened and equipped to love God and to love those around us. Thank you for making an indelible contribution to such a work as this. We do not take your prayers or support for granted.

Looking ahead,

Jonathan Holmes

Table of Contents

01 Grow With Us

Branching into Ann Arbor	12
Held in Grace, Struggling Still	16

02 Learn With Us

Standards of Care	24
ReStoried	28
Residency	30
I'm Feeling...	32

03 Partner With Us

Supporting Partners	40
The Gift of Today	42
Team90	46

04 Reflect With Us

2025 in Numbers	50
-----------------	----

Grow With Us



Branching into Ann Arbor

WRITTEN BY
DR. JOE HUSSUNG

In a time where digital and online presence has become the norm rather than the exception, we at Fieldstone have always wanted to emphasize the importance of embodied presence in our counseling.

This meant that, although we could have continued to allow our online counseling presence to expand, we had a greater desire to put down roots in local communities. We wanted to partner with local churches and organizations in those areas and bring lasting hope to life's hardships. The question was finding the right communities to put down these roots.

As we prayerfully sought the Lord, I want to share with you why we landed in the two places we did. There are 5 C's that helped us to determine that Ann Arbor, Michigan, and Columbus Ohio, were the next communities that Fieldstone would put down roots.

The first C is Christ's moving. More than any pragmatic reason or metric that we might look at, we wanted to know where Christ might be opening doors for us. We have been actively looking for where Christ was already, in his providence, arranging for us to minister to new local communities.

Second, we were looking for counselors in the area. In a brief amount of time, we went from

having one counselor total for both Columbus and Ann Arbor to having six counselors between the two areas within about six months. Other than the Cleveland/Akron area, the most we have ever had in a given area was three counselors.

The third C we were looking for was churches willing to partner. Fieldstone would never have been possible without our ministry partnerships and private donors who help us to make Gospel-Centered counseling available to anyone who is in need. As we explored the possibility of coming to Columbus and Ann Arbor, major ministry partners like Grace Church in Ann Arbor and Linworth Baptist in the Columbus area made it abundantly clear that we had support on the ground to bring counseling into those communities.



Fourth, we were looking specifically for counselors and churches who were strong cultural fits for Fieldstone. At Fieldstone, we describe our counseling as “biblically-based, Christ-centered, and clinically informed biblical counseling,” and we want churches and counselors who embody that flavor of biblical counseling. Again, Christ had orchestrated the very types of churches and counselors who wanted and offered this type of care in their area.

Finally, we were looking for places that had counselees with a need. In both Columbus and Ann Arbor, there is a significant need for counseling. Both Columbus and Ann Arbor boast major universities with higher than the national average rates of mental health issues.¹ People in these communities need gospel-centered care, and we hope that Fieldstone can help meet that need.

We are excited about what Christ is doing in this new season of expansion. Now that we have identified these two new locations and are officially seeing people in these areas, we covet your prayers as we step out in faith into the areas that Christ is leading us. 🙏

Dr. Joe Hussung has over fifteen years of ministry experience, providing soul care to various age groups as an education pastor, youth pastor, and associate pastor.

¹ <https://nursing.osu.edu/transformations-nursing-and-health/fall-2021/student-mental-health-initiatives>



Lorraine Bryant, Resident

ANN ARBOR • REMOTE

“At Fieldstone, I’ve found humble leadership, rigorous clinical excellence, and a community that keeps the Bible and the Spirit at the heart of every interaction. Joining this team assures me that every conversation is shaped by professional wisdom and the shepherding care of Christ.

As I prepare to meet with a counselee, I pray that the Lord would help me to know and understand the heart of the person before me, that he would help me create safety and trust, and that we would have a fresh encounter with Jesus, as we attempt to chart a wise way forward.”



Held in Grace, Struggling Still

WRITTEN BY
DR. JIM MONG

A LOOK AT THE
CHRISTIAN HEART

How do we understand our complex hearts? At one moment we worship God in sincerity, preach Christ with passion, and counsel others with love.

While in the next moment we fall into self-pity, are surprised by wayward desires, and react in anger to a slight provocation. So, how do we understand our complex and divided hearts?

It may look different in each of us, but this complexity is always present. Every Christian carries the ongoing identity of both saint and sinner. Martin Luther accurately described the Christian experience as “*Simul Justus Et Peccator* (simultaneously just and sinner).” God’s grace makes us new creations (cf. 2 Cor. 5:17), and yet this does not mean—and our experience confirms—that our struggle with sin is erased when we come to Jesus.

We must grasp our identity as saints who face deep suffering and struggle with remaining sin, because one of our enemy’s most common strategies is to isolate us. He wants us to believe that we are unique, that our trials are more severe, and that our desires ultimately define us.

“We must grasp our identity as saints who face deep suffering and struggle with remaining sin, because one of our enemy’s most common strategies is to isolate us.”

We must not be “ignorant of his designs” (cf. 2 Cor. 2:11), because if he succeeds in isolating us or convincing us that our situation is unique, we will hide from God and others while our sorrows grow louder and sinful desires fester, threatening to take over our lives.

This is why I have been encouraged by the divided heart of one of my Christian heroes—Jim Elliot, the missionary martyr to the Aucas in Ecuador. Elliot was a man consumed with the cause of Jesus Christ. He is well known for saying, “He is no fool who gives what he cannot keep to gain what he cannot lose.”² Until his final days, he was so zealous for the cause of Jesus that he prayed, “God, send me soon to the Aucas.”³ The Aucas would eventually kill Elliot and his four friends.

And yet, in his last journal entry before he gave his life for the cause of Christ, he also wrote the following:

December 31, 1955

A month of temptation. Satan and the flesh have been on me hard on the dreadful old level of breasts and bodies. How God holds my soul in life and permits one with such wretchedness to continue in his service I cannot tell. Oh, it has been hard ... I have been very low inside me struggling and casting myself hourly on Christ for help ...⁴

We may not understand or identify with the particular nuances of Elliot’s struggles, but we cannot dismiss their existence and intensity.

Does this mean Elliot is a fraud? Does it mean that all his passion for Jesus Christ and his love for these lost Indians was not genuine?

I think we should find this fuller and nuanced picture of Elliot even more encouraging than the stereotypical Christian hero version that is often emphasized in the church. Be encouraged, Elliot was in the battle, too! His struggle with corruption persisted until his final days. He had to “hourly cast himself on Christ”!

You and I cannot identify with a man who only desires God and who daily walks in perfect selfless love; however, we can identify with a man who sincerely loves Jesus and simultaneously struggles with divided desires that can only be conquered by Jesus’ mercy and grace.⁵





This battle is within each of us as followers of Jesus Christ.

So, young mom, don't be surprised when shortly after being inspired by that Christ-focused podcast on mothering, you also desire to spend more time on Instagram than with your kids. Retired widower, don't be startled, when after years of love in a faithful friendship, you struggle with days of self-pity after an unintended slight from your friend.

Husband, don't be shocked or feel like you need to hide when your love for your wife does not dissuade you from following that link. Athlete, don't be astonished when moments after the game begins, you move from being a kind-hearted opponent to a hyper-competitive foe.

None of us should be surprised when we find in our hearts a desire for both Jesus and ourselves.

In coming to Jesus, you are at the same time "hidden in Christ" and called to "put to death what is earthly in you" (cf. Col. 3:3, 5).

What posture can we take?

1. **Be encouraged.** You are not alone in this fight, and you do not have to hide. God and self, holiness and sin, grace and guilt are in each one of us. You can move toward God and others in all your complexity, seeking help as you navigate your complex heart.
2. **Be watchful.** Understanding our complexity does not lead to complacency. As those who have been changed by Jesus we are to "seek those things that are above ... and put to death what is earthly in us (Col. 3:1, 5)." As we see our weakness and sin, we are to heed the words of Jesus, "watch and pray that you may not enter into temptation.

"You can move toward God and others in all your complexity, seeking help as you navigate your complex heart."

The spirit indeed is willing, but the flesh is weak (Matt. 26:14)."

3. **Be forgiven, dependent, and strengthened.** The struggle of our divided hearts can be wearying. This is why we need to "hourly cast ourselves" upon the one who proclaimed, "Come to me, all of you who are weary and burdened, and I will give you rest (Matt. 11:28, HCSB)."

As believers living this side of heaven and redemption, we are to walk in confession, repentance, and faith in the cleansing blood of Christ. In this way, we experience the power of the Holy Spirit to grow in love and holiness. ④

Dr. Jim Mong is a Fieldstone Counselor and has served as the lead pastor at Redeemer Ann Arbor Church since its founding in 2018.

¹ Martin Luther, *Lectures on Galatians* (1531/5), in *Luther's Works*, American Edition, eds. Jaroslav Pelikan, Helmut T. Lehmann, and Christopher Boyd Brown (St. Louis and Philadelphia: Concordia and Fortress, 1955), 12:232, 235.

² Jim Elliot, *The Journal of Jim Elliot*, ed. Elisabeth Elliot (Grand Rapids, MI: Revel, 1978), 174.

³ Ibid, 475.

⁴ Ibid., 475 with fuller version at <https://medium.com/belover/jim-elliots-last-journal-entry-ec8d40d36c5f>. I disagree with the conclusions of this blogger, but he does provide the fuller version of Jim Elliot's final journal entry.

⁵ We don't have the space here to look at all the examples of this in Scripture, but we should know that this same complexity is present in every person in Scripture too—from Adam to Abraham to David, Peter, and Paul with the obvious exclusion of Jesus Christ.

Learn With Us

Standards of Care



Fieldstone Counseling Standards of Care is a 12-month course designed to offer both continuing education for seasoned biblical counselors as well as an introduction to a biblical counseling model.

After completion of the course, counselors will be able to:

- Understand the biblical and historical roots of biblical counseling as well as the broader landscape of Christian counseling.
- Articulate a historic, confessional, Reformed view of the sufficiency of Scripture.
- Have a holistic view of the counselee that realizes we are created as embodied souls.
- Minister Scripture in counseling and understand the overall process of biblical change.
- Engage with mental illness, DSM-V diagnoses, and medication conversations.
- Carefully and wisely examine their posture toward secular psychology and have an interpretive framework to evaluate secular concepts and constructs.
- Understand the dynamics of abuse and how trauma impacts people.

OVERVIEW

Standards of Care is a 12-month course designed to offer both continuing education for seasoned biblical counselors as well as an introduction to a biblical counseling model.

FORMAT

These twelve sessions can be taken individually or together as a course. Each session will feature a lecture, a recommended reading list, assigned readings, and an optional, quarterly time of discussion and Q&A.

AIMS

This course could be used for several purposes:

- Pastors and ministry leaders can use this course to train and equip lay counselors.
- Lay individuals seeking to learn and grow in counseling ministry.
- Clinical counselors can use this course to inform and align their counseling to a biblical counseling approach.
- Counseling center executive directors or counseling pastors could use these courses to facilitate group discussion and training.
- Established and seasoned counselors will be refreshed and challenged as they further their education.



STANDARDS OF CARE TESTIMONIAL

Maya's Story

Maya Johnson

VOCATIONAL COUNSELOR,
STANDARDS OF CARE STUDENT

To start, could you introduce yourself and share a bit about your background and role as a vocational counselor?

I am Maya Johnson. I am certified through the ACBC, and have been working on MA in Biblical Counseling through the Southern Baptist Theological Seminary. I have been counseling in various capacities throughout my ministry career in cross-cultural church planting and in the context of a local church. I have also been a part of the Anchored Virtual counseling platform since 2021. It has been a tremendous privilege to be equipped and invited to walk with struggling people as they face sin and suffering in their lives.

What led you to take the Standards of Care course with Fieldstone?

As I walk with people in their struggles, I realize more and more the weight of this responsibility and the need for wisdom for my conversations. I am humbled by the openness and sincerity of women God places in front of me, and this spurs me on to constant growth: I want my counsel to be thoroughly biblical, well-rounded, and cognizant of the whole person, and faithful to the Gospel. I was grateful for the opportunity to be involved in the Standards of Care course to help me grow as a counselor.

How did the course speak into the kind of care and guidance you provide in vocational counseling?

This course was helpful in many ways, but one major way was that it had a stabilizing effect: I joined the course right in the middle of the storms in the biblical counseling world, which were disorienting and disheartening. It was good to rehearse the foundational truths about why we want to help people and how biblical counseling fits within the glorious ministry to the church. It was good to hear again of the gentleness and wisdom of Christ as we seek to understand and help the whole person in front of us. Our ministry is not about finding just the right formula, but about humbly depending on the Lord.

What did you find most meaningful or impactful about the course overall?

I loved how thorough this material is! The framework is well thought out. I have appreciated Jonathan Holmes' vast knowledge of the counseling landscape, history, and various categories - it helped clarify much of the confusion for me. I was also helped by the insight on wise integration: Jonathan Holmes offers a great perspective on how we, as biblical counselors, should view secular psychology. Another valuable part of this course is the wealth of carefully picked resources to study each topic further.

Is there anything you would want others to know about the value this course offers to those who care for others professionally or pastorally?

For those who are curious about what it means to view what secular psychology offers redemptively, this course is helpful. For some biblical counselors, the word "integration" is scary. This course can help gain a healthy perspective on what it means to provide biblically faithful counsel that is attentive to the whole person and that is not formulaic.

ReStoried

ReStoried
Participant

“This group helped me realize I needed to grieve what had been lost and what I had hoped for, which helped me move out of shame. It was powerful both to cry through the laments of the other women, and to see their responses to mine, reminding me that God sees my sadness as well. The community built in ReStoried is still a comfort and encouragement to me today.”

ReStoried speaks into the ongoing journey of healing and recovery for women who have experienced abuse and trauma, offering a counselor-facilitated group context for processing and growth.

While there are unique features of traumatization that vary depending on the type of abuse, all abuse impacts how we view ourselves, God, and the world around us. In ReStoried, we move gently through a phased approach to our stories, practicing compassion that reflects the heart of Christ toward our wounds and wanderings. Meeting regularly with a small group (no more than 10 participants), participants will be welcomed on a guided opportunity to:

- Recognize the impact of what happened by acknowledging that we have experienced “normal responses to abnormal circumstances and events.”
- Find appropriate descriptors and increased vocabulary to name experiences, so that we can grieve in community what has remained unclear or unresolved.
- Consider the whole person by noticing and honoring who God has created us to be, how abuse distorts our perspectives, and how we can grow in our capacity to experience relief and recovery with God’s help.
- Move toward freedom from the oppressive memories and patterns that may plague us by encountering layered tools and strategies for renewal.

OVERVIEW

ReStoried is a counseling support group for those who have experienced abuse and the impacts of trauma.

FORMAT

Participants engage with resources and content materials in our secure platform, and meet for eight hour-long sessions throughout the group. Each session is facilitated by Melissa Affolter and includes a supportive presence from 1-2 Story Companions (experienced and trained volunteers).

AIMS

Melissa has developed the ReStoried model from a Christ-centered theological framework and clinically informed perspective, giving careful consideration to the varieties of backgrounds represented in the group. Forms of instruction and group discussion seek to honor the dignity of participants as embodied souls in need of a whole-person approach to care.

FOR COUNSELEES

ReStoried groups are intended for a particular season in the life of the person who has experienced abuse and/or the impact of trauma. These groups are not intended for those who want to learn more about abuse or trauma care, are looking for assistance in fleeing an abusive relationship, or are seeking specialized therapeutic treatments.

Residency



Jordan Smant

FIELDSTONE COUNSELOR
& FORMER RESIDENT

“In the Residency, you get access to the most incredible, kind, supportive, and welcoming team of counselors and supervisors. Being part of the Residency was so formative in my life both as a person and as a counselor, and I would encourage any graduate counseling students to apply for the Residency!”

The Residency Program provides experience and fosters reflection for graduate counseling students. It serves to build the Fieldstone Counseling team by providing a setting for new graduates who are interested in a vocational, biblical counseling model to gain experience, training, and consider their calling as biblical counselors.

Key features of this program include:

- A paid, postgraduate counseling experience available in-person or remotely.
- Continued education through individual supervision, group supervision, reading, and directed study on a counseling issue.
- Access to Fieldstone’s *Standards of Care* and *Standards of Care: Advanced Issues* courses.
- A Capstone Project, where each resident applies Scripture directly to a counseling issue of their choice, helping them understand the issue biblically and apply it practically in the counseling room.

OVERVIEW

The Residency is a postgraduate program designed for those completing their master’s in counseling and seeking supervised, hands-on experience.

FORMAT

The Residency can be done remotely or in-person at one of our counseling center offices.

PURPOSE

The Residency is a post-graduate apprenticeship program where individuals can extend their educational experience in a counseling center environment that prioritizes collaborative learning, theological rich application of Scripture, and purposeful supervision.

FOR COUNSELORS

Many graduates complete counseling programs with a strong foundation of knowledge, but often lack opportunities to apply what they have learned in real-life settings. The Residency provides an important next step, offering structured, hands-on counseling experience under the supervision of seasoned counselors. In this program, residents gain the case wisdom and discernment that enable them to grow into effective, compassionate counselors.

I'm Feeling...

WRITTEN BY

MELISSA AFFOLTER

A common practice in counseling is learning to identify and address feelings. We may not present with that goal in mind, but rather, we often seek the help of a counselor because we are experiencing the distressing outcomes of those feelings.

Our relationships have become riddled with tension or patterns of conflict. We find ourselves cycling through the same thought patterns and unwanted behaviors. When we arrive at a decisive moment, eager to gain clarity and freedom from enslaving emotional disruptions, it can seem overwhelming to know where to start. A tool that many counselors introduce is a feelings wheel.¹ While there are a variety of iterations, a feelings wheel can initially add confusion or frustration for the person who lacks familiarity with it.



Coming alongside counselees who desire greater awareness of how they are experiencing various feelings and how those feelings overlap with thoughts, habits, and beliefs, I like to pair this resource with a feelings wheel. Together, we can work to identify the troubling feeling, notice how the feeling presents in day-to-day life, and make connections with biblical truth that can help the counselee respond with wisdom while receiving comfort from God. Of course, there are times when we have to pause, assess the intensity and frequency of the feelings, and exercise careful judgment with our counselees to avoid making assumptions or offering reductionistic solutions.

When it seems appropriate, and the counselee is willing to move further, I introduce the “I’m Feeling” resource over several sessions. The pace depends on factors such as the counselee’s stated goals for counseling, their awareness of impact and desire for change or growth, and their commitment to the counseling process.² I’m also prayerfully considering their familiarity with scripture or how it may have been previously used in harmful ways.

WHAT MIGHT IT LOOK LIKE TO MOVE THROUGH THE VARIOUS CIRCLES?

01 I’m Feeling _____. This is the first circle we work together to fill, often by using a feelings wheel to narrow down the most specific or prominent feeling. This may be a simple and immediate response, but sometimes it requires

further discussion about the counselee’s particular circumstances or history.³

02 What is it? Here, we are working together to fill out the description of the named feeling. If the counselee has identified sadness as a primary feeling, we may return to the feelings wheel or use a dictionary to broaden our vocabulary and gain further understanding.

03 Signs and Symptoms. During this portion of the exercise, the counselee notes how the feeling “shows up” in daily life. Together, we discuss the ways the feeling may impact responsibilities and relationships, or their ability to enjoy things.

04 Needs. We then begin to identify specific needs, brainstorming about what might be helpful for the counselee in providing support when the feeling they are experiencing surfaces in a disruptive or distressing manner. We consider practical ideas like coping strategies, boundaries that may wisely guide relationships, and adjustments such as sleep habits or checking in with a doctor if they have not done that recently.

05 Biblical Truth. As we look back at the feeling(s) we’ve named and described, how they present in the person’s life, and attempted to address any practical needs to alleviate distress, we hope to now engage the mind and the heart at greater depth. Addressing counselees’





concerns and helping them move toward resolution is less about replacing negative feelings and more about emphasizing who God is in the midst of difficult emotions and unresolved circumstances. Here we may look at various examples from scripture, noting how God's presence is typically highlighted first before a command is given.⁴ I especially love to imagine with my counselee what it must have been like for the disciples to encounter Jesus' reassuring presence during the storm on the sea, or for the Samaritan woman at the well to be met with Jesus' tender nearness.

When counselees present with discomfort or a self-shaming posture, connected to a particular emotion, they have usually attempted to "think their way out of it." Many have already tried scripture memorization as a means of silencing their distress. It's not uncommon to hear them refer to a feeling of helplessness about the troubling feelings they are experiencing. By slowing things down, identifying the context and circumstances surrounding those feelings, we may discover a pathway toward receiving biblical wisdom and care with increased clarity. We take our cues from Jesus, who recognized the whole



person in front of him, offering compassion and companionship. We know that managing distressing emotions will not be a quick or painless process; rather, it is a lifelong exercise in patient endurance directed by God's love for us and the Spirit's guiding presence at each step. [®]

Melissa Affolter has served in various aspects of counseling and discipleship ministries for nearly twenty years in the local church. She serves as Director of Content & Equipping and Senior Counselor at Fieldstone.

² There are many resources on the topic, but I have found this small book series to be particularly helpful: <https://newgrowthpress.com/christian-books-on-sale/bundles-series-sets/the-small-book-devotions/>

³ Oftentimes, asking the person to write about the circumstances surrounding the feeling may help them identify it more clearly. I suggest to counselees that they can track what they notice using a journaling method, an app for notetaking on their phone, or even drawing it out.

⁴ One of my favorite resources to recommend is this one, written by Darby Strickland: <https://www.ccef.org/when-a-command-became-a-promise/>

¹ Feelings wheel example: <https://feelingswheel.com/>

Partner With Us

Supporting Partners

Fieldstone depends on partnerships with churches, Christian schools and universities, businesses, and ministry organizations to sustain our work.

Ministry and Business Partners

PARTNERS LOCATED IN
OHIO UNLESS NOTED

BRANDYWINE GRACE CHURCH (PA)
CEDARVILLE UNIVERSITY
CITY CHURCH
CROSSINGS MINISTRIES (KY)
DOWNTOWN CORNERSTONE CHURCH (WA)
EDGEWOOD BAPTIST CHURCH (KY)
EVERMORE COMMUNITY CHURCH
FELLOWSHIP OF EVANGELICAL CHURCHES
GATEWAY CHURCH DOWNTOWN
GOLDEN HILLS CHURCH (CA)
GRACE BIBLE CHURCH (MI)
GRACE FELLOWSHIP CHURCH
HAMMOND CONSTRUCTION
LAKESIDE CHRISTIAN CHURCH
LAKEWOOD NEW LIFE CHURCH
LEROY CHAPEL
LINWORTH BAPTIST CHURCH
LOCAL CHURCH

MISSIONVIEW CHURCH
OLD NORTH CHURCH
ONTARIO CHRISTIAN CHURCH
OPEN DOOR CHRISTIAN SCHOOL
PARKSIDE BAINBRIDGE
PARKSIDE GREEN
PARKSIDE HEIGHTS CHURCH
PARKSIDE WESTSIDE
PROVIDENCE CHURCH
REDEEMER ANN ARBOR (MI)
REDEEMER NEW YORK CITY (NY)
STATE CONVENTION OF BAPTISTS IN OHIO
THE CHAPEL IN NORTH CANTON
THE PILLAR NETWORK
TRINITY CHURCH OF DAYTON
WHEATON BIBLE CHURCH (IL)
YOUTH FOR CHRIST CLEVELAND

JASON SEVERANCE,
DONOR DEVELOPMENT
COORDINATOR



“This past February, I had the privilege of joining Fieldstone as the Donor Development Coordinator. I had been introduced to Fieldstone through my local church, and I had a growing desire to be involved in making biblically-based counseling available to those in need. Prior to joining Fieldstone, I had spent the majority of my career in finance and sales. I have loved being a part of the Fieldstone team, and I am so thankful the Lord provided this unique opportunity for me to use my past experiences for his glory and the benefit of others.

At Fieldstone, we are committed to offering biblically-based, Christ-centered, clinically informed counseling. In my short time in my role, I have seen this lived out consistently in the way our staff leads and in the way our amazing counselors compassionately and skillfully care for their counselees. There is a deep commitment to Scripture that I’ve seen inform our team trainings, how we interact with each other, and how our counselors counsel. It’s such a blessing to be a part of this team, and I am grateful for the ways the Lord is working through Fieldstone to change lives.”



The Gift of Today

WRITTEN BY
JASON ENGLER

“Behold, what I have seen to be good and fitting is to eat and drink and find enjoyment in all the toil with which one toils under the sun the few days of his life that God has given him, for this is his lot. *Everyone also to whom God has given wealth and possessions and power to enjoy them, and to accept his lot and rejoice in his toil—this is the gift of God.* For he will not much remember the days of his life because God keeps him occupied with joy in his heart.”

(Ecclesiastes 5:18-20, *emphasis added*)

“...Do not let the fear of tomorrow rob you of the joy the Lord has for you today.”



An often forgotten element of life that God has ordained for us is simply to enjoy living in the time and place that he has set before us.

Do you have food? Enjoy it! Do you have a spouse? Do you have children? Do you have a home? Do you have work? Enjoy these blessings.

We may not have all we want, we may face tremendous suffering, we may have jobs we don't enjoy, we may be single and desire a spouse, but praise God there is freedom in Christ to do what we can to pursue good and godly desires. When we try to change our lot, and encounter obstacles or delays—if God's word for us is “wait” or “no” or “trust me with these things”—let us remember Peter's words to those who wait in suffering: “Therefore let those who suffer according to God's will entrust their souls to a faithful Creator while doing good” (1 Peter 4:19).

Lord, help us entrust our souls to you in the lot you have given. In the midst of suffering, likely nothing feels like a gift. All we can do at times is cry out to the Lord, seek comfort in his word, and lament. Remember that the same author who wrote about the blessing of enjoying our work and food and drink also wrote that there is, “a time to weep, and a time to laugh; a time to mourn, and a time to dance” (Ecclesiastes 3:4).

For those in seasons of peace and rest, rejoice and enjoy what the Lord has given as a gift from him, not something to be achieved or accomplished, not as a stepping stone to the next thing. Make your plans, apply for the promotion, look at the new house, ask the godly person on a date, and don't forget as you do those things to continue praising God for what he has given you today.

All we see will one day be gone. All we've worked for will one day be passed on to someone else. All those we love will one day pass away. Do not let that overwhelm you. Everything God has given is a gift from him, meant to be enjoyed for the seasons he provides them.

I needed this truth during a very difficult time in my life, when we were waiting to see if chemotherapy would shrink the cancer growing in my 6-year-old daughter. I needed to hear the words from a dear friend, “Do not let fear rob you of your joy.” I needed to be reminded that my daughter belongs to the Lord, and I needed to surrender her life to the Lord many times throughout the years of cancer treatments. I also needed to be reminded that, whatever may happen to her in the future, if the Lord has given her to me for today, then today I should

enjoy spending time with her and praise God for that gift!

For those in suffering, do not let the fear of tomorrow rob you of the joy the Lord has for you today. The temptation will be to cling to every scrap you have and fend off the future like an impending wave. There is no promise that we will have anything tomorrow, no guarantee that our fears or dreams will come to pass. If you have the Lord, if you have food and drink, if you have family, enjoy them. Praise God for them. And trust him with tomorrow. 

Jason Engler lives in Columbus, Ohio with his wife and three daughters. As a Fieldstone counselor, he is passionate about seeing people experience healing and growth.

Team90

We believe that quality counseling and teaching thrive in a community rooted in wisdom and support. With the rising costs of providing these vital services, we're asking those who were previously

part of "Team 75," giving \$75 per month, to consider increasing their gift to \$90 or more per month and become "Team90" as a way to help us continue meeting the needs of those we serve.

AS A MONTHLY GIVER OF \$90 OR MORE, YOU WILL RECEIVE:

- **Monthly Prayer Zoom Calls:** Join us in prayer each month as we lift up our team and those we serve and share in the power of collective prayer.
- **Exclusive Workshops:** Attend special virtual workshops throughout the year, hosted by the Fieldstone Counseling Team, designed to deepen your understanding of the biblical counseling landscape and connect with other supporters.

JOIN OUR COMMUNITY OF MONTHLY GIVERS AND MAKE AN IMPACT

Your ongoing support is crucial in helping us provide affordable biblical counseling to all who seek it. By increasing your monthly gift, you're directly impacting lives and supporting our mission of healing and hope.



JOIN TEAM90 TODAY.
TOGETHER, WE CAN
MAKE A DIFFERENCE.



Reflect With Us

2025 in Numbers



As of 2025, we are blessed to serve counselees from across the nation in all 50 states and across the globe in 26 countries.

998

New counselees

61,006

2017–PRESENT
Counseling sessions

\$460,000

2021–PRESENT
Scholarships awarded

Fieldstone Team

42 Counselors

02 Residents

18 Staff Members

08 Board Members

Fieldstone Support

10 Teamgo Donors

59 Monthly Donors

35 Supporting Ministry Partners

18 Equipping Events

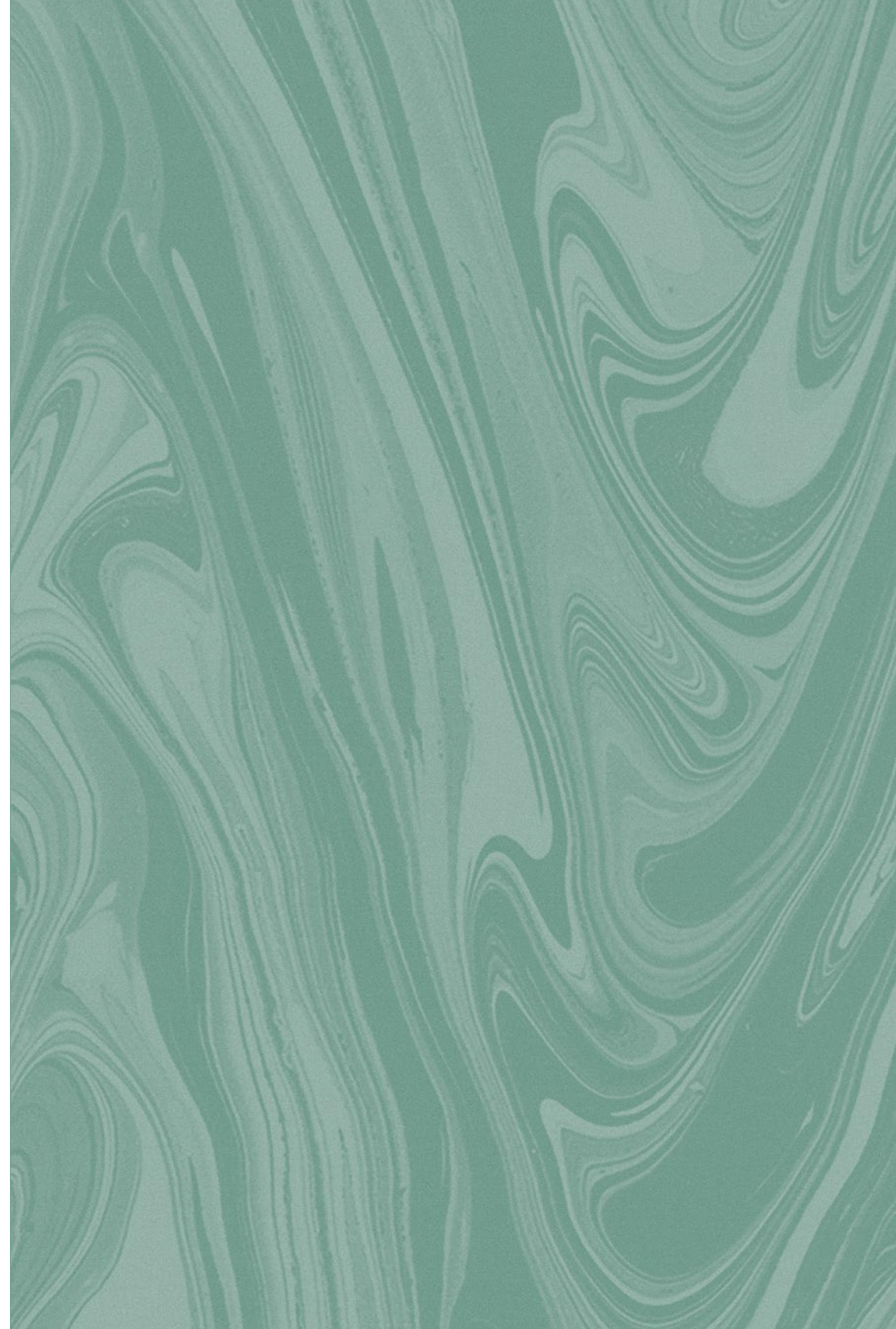
09 Exhibiting Opportunities



Fieldstone Team Retreat
February 2025

LASTING HOPE FOR LIFE'S HARDSHIPS

Fieldstone Counseling exists to engage with life's experiences through biblically-based, Christ-centered, and clinically informed counsel.





Fieldstone Counseling

fieldstonecounseling.org

info@fieldstonecounseling.org